

One Result Is Not All of Me

Learn together, one small step.



Look closely

Can one difficult attempt prove that someone will never learn?



Story 1 / 3



The paper-plane contest was over. Mimi's plane had landed nearby. She crumpled it up. 'I can't do anything!' she said. Her older sister replied, 'It is disappointing that it didn't fly far. Let's take a break first.'

Pause and ask: Does one short flight tell us everything about Mimi?

Story 2 / 3



Later, her sister put two planes on the table. 'Shall we look at just one part?' Mimi noticed that her wings had different widths. She unfolded the paper and tried again. The next plane still did not fly farthest, but it flew a little more steadily.

Pause and ask: Why might looking at just one part help?

Story 3 / 3



'I didn't win today, but I found one thing I can change,' Mimi said. She decided to try again tomorrow instead of spending the whole evening on the contest. One result could not erase her drawing, her kindness to friends or her willingness to learn.

Pause and ask: What else do we know about her besides the contest result?

A Buddhist idea

One result
is not the whole of us.



Talk together

Why didn't her sister say, 'There's nothing to be upset about'?

What was Mimi's next small step?



Try an activity

Draw one discovery
and one next step.



For grown-ups

Read aloud, discuss and try a small activity.

Stories and exercises: BlessFu

Illustrations: AI-assisted

Full references and guidance are in the companion booklet.

