

Listen, Think, Try

Learn together, one small step.



Look closely

Does hearing “Ask before borrowing” mean we always remember to do it?



Story 1 / 3



Mother read a picture story about helping a friend. "I understand," said Lele. "Ask what help is wanted first." Xiaohe asked, "Even with a friend I know well?" Instead of turning the page, they paused to explore her question.

Pause and ask: Why did they stop turning pages?

Story 2 / 3



Mother invited them to draw two scenes: a friend who could not find a toy, and someone without an umbrella in the rain. "Different situations need different help," Xiaohe said. Lele wondered, "What if they say they do not need help now?" Together they considered respectful responses.

Pause and ask: What did the two questions help Lele understand?

Story 3 / 3



Later Xiaohe wanted Lele's coloured pencil. She almost reached for it, then paused. "May I use the green one?" Lele handed it to her. They drew an ear, a question mark and helping hands: learn, understand, practise. Forgetting once did not end the learning; they could try again.

Pause and ask: Why is practice still useful after hearing an idea?

A Buddhist idea

Learn, reflect and practise:
become familiar with a caring direction.



Talk together

How did Xiaohe' s question help everyone understand?

How could Xiaohe continue if she forgot next time?



Try an activity

Draw your “learn, ask, practise” sheet.



For grown-ups

Read aloud, discuss and try a small activity.

Stories and exercises: BlessFu

Illustrations: AI-assisted

Full references and guidance are in the companion booklet.

