

Prayer Wheels and Flags

Learn together, one small step.



Look closely

Is everything that moves a toy?



Story 1 / 3



A row of bronze cylinders catches the boy's eye. Before he reaches out, Mum asks the attendant. "These are prayer wheels. They usually contain mantras," the attendant explains. The children listen rather than competing to spin them fastest.

Pause and ask: What does Mum do before the boy touches anything?

Story 2 / 3



Blue, white, red, green and yellow flags flutter above. Mum explains that prayer flags often carry prayers or mantras and images, and have a devotional purpose. "They are more than colourful decorations," Xiaohe says. They stay on the ground and do not pull the flags.

Pause and ask: How are prayer flags different from party flags?

Story 3 / 3



At home they draw the courtyard, wind and five colours. Mum says, "This is a picture of our visit, not a traditional prayer flag." Her brother wishes everyone safety. Xiaohe adds, "We can also begin by not pushing other people."

Pause and ask: How can a wish lead to a small action?

A Buddhist idea

Moving objects are not always toys.



Talk together

What can we do before touching an unfamiliar religious object?

Which small action could accompany a wish for safety?



Try an activity

Draw wheels and flags.



For grown-ups

Read aloud, discuss and try a small activity.

Stories and exercises: BlessFu

Illustrations: AI-assisted

Full references and guidance are in the companion booklet.

