

A Small Bowl of Water

Learn together, one small step.



Look closely

Does a thoughtful offering have to be expensive?



Story 1 / 3



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All illustrations

Mum brings out a small white bowl. “Some Buddhist families offer clean water to express respect and practise giving.” Xiaohe wants to help. She washes the bowl with Mum while her brother brings a clean cloth. First they clear the table.

Pause and ask: Who helps with each part of the preparation?

Story 2 / 3



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Mum places the bowl on a tray and slowly demonstrates pouring from a small jug, leaving room at the top. Xiaohe watches carefully. "I want to learn to care for others," she says. Mum explains that this is an introduction; families can ask about the full practice in their own tradition.

Pause and ask: What can Xiaohe notice as Mum pours?

Story 3 / 3



Her brother bumps the table and spills a drop. He looks worried. Xiaohe brings a cloth. “We can wipe it up.” Together they care for the bowl and table. Preparing carefully, speaking kindly and tidying patiently are all things they can practise.

Pause and ask: How does Xiaohe respond when her brother worries?

A Buddhist idea

Care for objects and people.



Talk together

Why prepare an inexpensive bowl with care?

What response helps the boy after the spill?



Try an activity

Draw three steps: prepare, care, tidy.
Practise with water and an adult nearby.



For grown-ups

Read aloud, discuss and try a small activity.

Stories and exercises: BlessFu

Illustrations: AI-assisted

Full references and guidance are in the companion booklet.

