

Light and Flower Offerings

Learn together, one small step.



Look closely

Must a candle-shaped light have a real flame?



Story 1 / 3



Mum presses a switch and the little light comes on. "No matches!" her son notices. Mum explains that it is an electric candle. "Light offerings can express an aspiration for wisdom. We will explore this with a flameless light." Xiaohe looks at the switch without taking it apart.

Pause and ask: How does the boy notice that this light is different?

Story 2 / 3



Xiaohe gently places two flowers the family already has in a stable vase. Her brother holds a paper flower card. "I want to share a wish too." Mum invites him to describe it. They do not compare whose object is prettier or pick flowers from a public garden.

Pause and ask: How does he want to express his wish?

Story 3 / 3



At the dining table, the children make thank-you cards. Xiaohe draws a bright garden and her brother adds leaves to his flower. "Who would you like to thank?" Mum asks. Xiaohe thinks of someone who helped her learn patience. The lesson reminds them of everyday help.

Pause and ask: Whom does Xiaohe think of thanking?

A Buddhist idea

Practise respect and generosity.



Talk together

How is this lamp different from a burning candle?

How can we express thanks without fresh flowers?



Try an activity

Draw a lamp and a flower.
Add a sentence of thanks.



For grown-ups

Read aloud, discuss and try a small activity.

Stories and exercises: BlessFu

Illustrations: AI-assisted

Full references and guidance are in the companion booklet.

