

Let Our Good Wishes Grow

Learn together, one small step.



Look closely

Where does learning stay when the course is finished?



Story 1 / 3



Xiaohe puts drawings of a lotus, a water bowl and helping hands into her scrapbook. Her brother chooses a favourite page. Mum asks whether anything now seems different. Xiaohe used to rush to give answers; now she is more willing to ask a question first.

Pause and ask: What does Xiaohe notice about how she thinks?

Story 2 / 3



Each child holds a flower card and shares a wish. Mum explains that Buddhists can dedicate the merit of study and kind actions to the well-being and awakening of all beings. Xiaohe hopes their growing care will help others. Her brother begins with a wish for the family.

Pause and ask: Whom do the children wish well?

Story 3 / 3



They close the book and go into the garden. Her brother holds a small watering can. Xiaohe asks whether he would like to carry it together. Mum walks beside them. Finishing has not made them know everything. They have more ways to ask, listen and begin again with small actions.

Pause and ask: What can happen after the scrapbook closes?

A Buddhist idea

Dedicate goodness and keep acting.



Talk together

What change does Xiaohe notice?

Would you like to revisit a lesson or continue a small action?



Try an activity

Make a flower card:
one discovery, one question, one action.



For grown-ups

Read aloud, discuss and try a small activity.

Stories and exercises: BlessFu

Illustrations: AI-assisted

Full references and guidance are in the companion booklet.

